

**Status review of the project funded under State Innovation Fund**

1. **Name of the innovation Project-** Setting up of Mini Herbal Garden and Acupressure Track at Ayurvedic Health Centre, Cheog, Distt. Shimla
2. **Nodal Implementing Agency(s):** District AYUSH Officer, Shimla
3. **Area of Operation/Site of Implementation:** Ayurvedic Health Centre, Cheog, Distt. Shimla
4. **Financial Status:**
- i) Amount Sanctioned (Rs.) 1, 49,000.00
  - ii) Date of Sanction 11.05.2017
  - iii) Amount Utilized (upto 30.11.2022) (Rs.) 1,49,000.00
  - iv) Balance Amount and its status (Rs.) Nil
  - v) UC/CC submitted of (Rs.) 1,49,000.00
5. **Physical Status:**

Sr. No.	Name of the component	Completed (yes or No)	Date of starting	If yes, date of completion	If not, likely date of completion
1.	Setting up of Mini Herbal Garden	Yes	11.05.2017	24.08.2022	N/A
2.	Acupressure Track at Ayurvedic Health Centre Cheog, Distt. Shimla	Yes	11.05.2017	24.08.2022	N/A

**6. Details of activities carried out with the State Innovation fund (Max. 200 words)****Mini Herbal Garden**

1. The land was developed by cutting, digging with removal of bushes, stones/pebbles etc. The beds were prepared for the plantation of medicinal plants.
2. Development of mother plant blocks.
3. Fencing of the mini herbal garden.
4. Necessary field tools, implements and minor equipments along with other material and supply like sand, farm yard manure, chemicals etc. were purchased.
5. Engagement of manpower.

**Acupressure Track**

Acupressure track was constructed by doing excavation in foundation and trenches related earth work. Then putting round shape stones with particular size in laying cement concrete in the ratio of 1:2:4 (cement : sand : graded stone).

**7. Objectives of innovative intervention:**

1. To plant and conserve the medicinal plants in the premises of the Ayurvedic Health Centre.
2. To create awareness about traditional usage of medicinal plants to promote use of medicinal plants for primary health care.
3. To have a green and environment friendly campus.
4. To co-relate the diseases prevalent in the area with available medicinal plants so that concept of naturopathy may be promoted
5. To promote cultivation, conservation and propagation of medicinal plants.

- 8 What are the elements of innovation that were introduced which brought out procedural changes and increased efficiency? Please give a brief: (Max. 200 words)

The Indian system of medicine was popularized among the general public through traditional usage of medicinal plants and providing low cost remedies available in their homes. The conservation and propagation of medicinal plants is promoted. The focus is on saving the medicinal plants from getting extinct and reducing the pressure on forests.

- 9 How the innovation project has benefitted the public? (Max. 100 words)

Through Mini Herbal Garden the local people were sensitized about the conservation, propagation and usage of medicinal plants thereby leading holistic approach for the treatment of patients. The Acupressure Track, being non-pharmacological in nature provides cost free treatment to the masses. It not only aimed at mitigation of pain but also provided relief from ailments like anxiety, hypertension, diabetes etc. and reducing intake of medicine in long run.

- 9 How the innovation project has benefitted the department? (Two or three sentences against each of the following)

i) Procedural Simplification:

Total funds sanctioned were released as full and final instalment, which helped in undertaking all the activities at once.

ii) Quick disposal (compare pre and post innovation with three examples).

Pre- innovation	Post-innovation
i) The Medicinal Plants were not available for identification by the public.	i) The Medicinal plants planted in mini herbal garden were easily available for identification.
ii) No fresh herbs were available	ii) The fresh herbs were available.
iii) Non-pharmacological and cost free way of treatment was not there.	iii) The natural way of treatment was available in the form of Acupressure Track.

iii) Convenience for clients (minimum three examples)

1. The patients were made aware about the low cost remedial methods through traditional usage of medicinal plants.
2. Patients were able to identify the medicinal plants available in their areas.
3. The patients were exposed to non-pharmacological and cost free way of treatment.

11. Further steps taken by the department to continue with the project activities/ innovation ideas.

The efforts were made to plant more herbs and maintaining the acupressure track by the AHC itself.

12. Suggestions/ comments of the department on State innovation Fund Scheme.

The grant may be provided by the Government for the maintenance and sustainability of the activities.

(Tashi Sandup, HPAS)

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